



2015 IPA GRAND PRIX NATIONAL POWERLIFTING CHAMPIONSHIPS

www.bluecollar.com

www.ipapower.com

General Information

Date	October 24, 2015																
Location	Greater Columbus Convention Center, Columbus Ohio. 400 N. High Street, Columbus Ohio.																
Directors	Ohio State Chairman David Hoff and Shawna Mendelson Bluecollarbarbell1@gmail.com																
Entry Fees	ENTRY FEE PER DIVISION, PER LIFTER IS \$125 Full Power, \$100 P/P, \$80 Bench Only. Crossover - \$55 per division.																
Divisions	There are 2 divisions: Amateur is a drug-tested division and Professional is non-drug tested. Drug testing is by urinalysis. <u>No refunds for cancellations. If cancellation is due to injury or family emergency, we will credit the entry fee toward the next IPA event directed by David Hoff and Shawna Mendelson.</u>																
	<table> <tr> <td><u>DIVISIONS: Raw and Equipped</u></td> <td><u>SUB-DIVISIONS:</u></td> </tr> <tr> <td>• Open Professional</td> <td>• Men</td> </tr> <tr> <td>• Open Amateur</td> <td>• Women</td> </tr> <tr> <td>• Elite Amateur</td> <td>• Teen</td> </tr> <tr> <td></td> <td>• Police</td> </tr> <tr> <td></td> <td>• Submaster</td> </tr> <tr> <td></td> <td>• Master (all age divisions)</td> </tr> <tr> <td></td> <td>• Junior</td> </tr> </table>	<u>DIVISIONS: Raw and Equipped</u>	<u>SUB-DIVISIONS:</u>	• Open Professional	• Men	• Open Amateur	• Women	• Elite Amateur	• Teen		• Police		• Submaster		• Master (all age divisions)		• Junior
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	• Police																
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	• Master (all age divisions)																
	• Junior																
Weight Classes	Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW																
Saturday Raw and Equipped	<p><u>LIFTING BEGINS AT 9:00 A.M.</u> All Women and Teens. All Men's Open, Junior, Submaster, Master, Police (Pro. & Am Divs.). Weight Classes: 114, 123, 132, 148, 165, 181 and 198 lb. weight classes.</p> <p>All Men's Open, Junior, Submaster, Master, Police (Pro & Am Divs.). Weight Classes: 220, 242, 275, 308 and SHW weight classes.</p>																
Weigh-ins	<u>24 HOUR WEIGH-IN RULE IN EFFECT. ALL WEIGH-INS WILL TAKE PLACE AT WESTSIDE BARBELL 497 Industry Drive, Columbus Ohio</u> Friday, October 23rd: 9A.M. – NOON, and 5 P.M. – 6:30PM. Saturday, October 24th: 8 A.M.-8:30AM at the Convention Center																
Rules	International Powerlifting Association (IPA) rules apply. Equipment must meet IPA specifications. One-piece lifting suit must be worn. <i>For rules and regulations, visit the IPA website at www.IPAPOWER.com</i>																
Entry Fee	\$125 Full Power, \$100 P/P, \$80 bench only. \$55 for each additional division/s. No refunds for cancellation. If cancellation is due to an injury or family emergency, we will credit the entry fee toward the next IPA event directed by David Hoff and Shawna Mendelson. <u>NO CHECKS WILL BE ACCEPTED AFTER OCTOBER 5TH, 2015. ONLY CASH OR MONEY ORDERS WILL BE ACCEPTED AFTER THAT DATE.</u>																

**REMEMBER, GET YOUR ENTRIES IN EARLY! THE DEADLINE IS
OCTOBER 5, 2015. 70 LIFTER MAX!!**

Deadline **ENTRY DEADLINE IS OCTOBER 5TH. *There is a \$50 late fee for all entries postmarked after October 5th 2015.***

IPA Registration IPA cards will not be available at the meet.

You must purchase your IPA Membership in advance of weigh-ins. Cards will not be sold on-site. Go to http://www.ipapower.com/join_ipa.html for a downloadable membership application or to sign up online via PayPal.

Awards Custom awards will be distributed to the top three places in each weight class and every division and sub-division (to include full age divisions) in the full power, and Bench Only.

Best Lifters: Full Power and Bench Only: Open divisions (Pro & Am), Women (Pro & Am), Teen (Men & Women, Am Only), Master (Pro & Am).

Hotel **Red Roof Inn Downtown Columbus (Great Prices), Drury(Attached to the Convention Center), Hyatt Regency (Attached to the Convention Center), Hilton(Attached to the Convention Center)**

Transportation **Port Columbus International Airport. 10 min away from the Convention Center 4.4 miles.**

Leaving Port Columbus, Take Ramp towards I670W/US62 W/Columbus/Cassady Ave. Merge onto I670 W Via the ramp on the left Towards Columbus. Take US23 South/Third Street Exit 4B on the left toward High Street. Merge onto N Third Street/US23 South toward Nationwide Area. Turn Right onto East Spring Street/US33W (E Spring street is just passed East Hickory Street. If you are on North 3rd Street and reach East Lafayette Street you've gone a little too far). Take first right onto North High Street (North High Street is just passed North Pearl Street. US Post Office is on the right if you are on W Spring Street and reach North Wall Street you've gone a little too far.)

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PROFESSIONAL OR AMATEUR . . . NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a **non-drug tested division**. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

Amateur Division: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. **It is a 100% Drug Free Division.**

Lifters **will be tested for anabolic steroids through the use of urinalysis**. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official.

If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of 100% drug testing. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

Raw Lifting: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

MEN'S DIVISIONS

WOMEN'S DIVISIONS

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>		<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*		PRO	M*	RAW PRO	RAW M*
114	1085	976	904	850	97	680	612	543	491
123	1210	1089	984	904	105	732	659	581	529
132	1300	1170	1059	974	114	790	711	623	567
148	1450	1305	1185	1087	123	857	771	665	604
165	1580	1422	1298	1190	132	895	805	703	637
181	1692	1523	1396	1279	148	953	858	773	702
198	1780	1602	1471	1354	165	1027	924	853	759
220	1875	1687	1551	1476	181	1192	1073	895	815
242	1940	1746	1607	1497	198	1149	1034	960	871
275	2000	1800	1654	1518	198+ (SHW)	1260	1134	1012	918
308	2040	1836	1728	1594					
SHW	2085	1876	1748	1614					

***M - Master**

*Totals below those posted above are considered Amateur Classification totals.



2015 IPA GRAND PRIX
NATIONAL POWERLIFTING CHAMPIONSHIPS
OFFICIAL ENTRY FORM

70 LIFTER MAX!!

OCTOBER 24, 2015

GREATER COLUMBUS CONVENTION CENTER

Bluecollarbarbell1@gmail.com

WWW.BLUECOLLARBARBELL.COM

Events: FULL POWER BENCH ONLY DEADLIFT ONLY IRONMAN

Gender: MALE FEMALE

Equipment: UNEQUIPPED EQUIPPED

Divisions: PROFESSIONAL AMATEUR

Sub-Divisions: Open Men Open Women Teen Junior Submaster Master Police

Weight Class **IPA Expiration Date** _____ **ENTRY DEADLINE: OCTOBER 5TH, 2015**

FEES: **Entry Fee: \$125 per full power, \$100 P/P, \$80 Bench Only, \$55 each additional division.**
Spectator Fees: \$15 daily

Name: _____ Age _____ Birth Date _____

Street address: _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

PAYMENT CHOICE: Check Money Order

Payment must accompany entry form. Mailed entries must be postmarked by October 5th, 2015! No personal checks will be accepted after October 5th 2015! ANYTHING SENT IN AFTER OCTOBER 5TH WILL BE CHARGED A \$50.00 LATE FEE!! Please Send all Entries to Shawna Mendelson/ Blue Collar Barbell 140 Keyland Court, Unit 23 Bohemia NY 11716. **Make all checks payable to David Hoff.**

RELEASE FROM LIABILITY

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the International Powerlifting Association (IPA), Blue Collar Barbell, Shawna Mendelson, David Hoff, Westside Barbell, The Greater Columbus Convention Center, their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in the powerlifting competition. I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that if I enter the Am (drug tested) divisions, I may be selected to take a urinalysis test. If this test is found positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the IPA will pay for the test. By signing this release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.**

Signature (in full) of applicant Date _____

Signature (in full) of parent or guardian if applicant Date _____
is under 21 years of age.